



I want to choose
my own care
and support.
Where do I go?

Go to www.somersetchoices.org.uk



SOMERSETChoices

SOMERSET*Choices*

is a website that gives people information and advice on care and support services and local groups in Somerset.

You can use the website to get advice on your care and support needs and find out what is available in your local area.

You can help yourself

If you are not sure what you are looking for you can complete an online **questionnaire** that will ask you various questions about your needs. When you have completed the questionnaire information, services and local groups that could be useful for you will be displayed.



You can find information and advice for



- Support at home
- Planning for your care
- Support for carers
- Accommodation options
- Equipment to help you live independently
- Local support groups and networks
- Health conditions, such as Dementia
- Money
- How to stay healthy
- Keeping safe
- Finding an independent advocate
- And much, much more!

You can search for local services

If you know what you need, you can search for **local care and support providers, care homes, equipment providers** or **support groups** in your area.



You can contact providers or groups directly through the website to purchase equipment or order services.

The website gives you choice and puts you in control of your care.

SOMERSET*Choices* is accessible and offers people choice when it comes to their care and support but if you are concerned about your own or someone else's needs you can contact Somerset County Council to receive more information and advice.

Go to the 'contact' page on **SOMERSET***Choices* to find out how to speak to someone at Somerset County Council.

www.somersetchoices.org.uk



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